

COVID-19 INFORMATION

IMPORTANT NOTICE FOR TRAVELLERS

**If you are returning
from outside Canada:**

Self-isolate for 14 days

- Stay home
- Avoid close contact with others
- Watch for symptoms including fever, fatigue or difficulty breathing

**Complete the online COVID-19
self-assessment at ahs.ca/covid**

Do not go to the ER or doctor's office.

**Find out more about travel restrictions,
exemptions and self-isolation:**

alberta.ca/covid19

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